

## **Almanac predicts cold, snowy winter**

### **‘Shake, shiver and shovel,’ long-range outlook warns**

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New Yorkers are still enjoying summer, but in the Hudson Valley, snow is never too far from people’s minds.

And we can expect plenty of it this winter, according to the Farmers’ Almanac, which recently released its 2022-23 Extended Weather Forecast.

The almanac, which releases an annual long-range weather outlook, said 'this winter season will have plenty of snow, rain and mush – as well as some record-breaking cold temperatures! We are warning readers to get ready to ‘Shake, shiver and shovel!’

'Winter 2022-2023 should be dominated by an active storm track in the eastern half of the country, running from the western Gulf of Mexico to the northeast, across the Virginias, and across interior New York state and New England,' the almanac added.

Winter is expected to settle in earlier than last year, according to the almanac, with December looking stormy and cold and January being very cold. The almanac predicts a particularly rough week from Jan. 16-23, with 'bouts of heavy rain and snow across the eastern two-thirds of the country' and 'followed by what might be one of the coldest outbreaks of arctic air we have seen in several years.'

'But February will bring milder temperatures that should make winter seem more bearable,' the almanac said.

We can then 'expect a lion-like end of March. There should be a wide variety of weather conditions, ranging from heavy snows to torrents of rain to gusty thunderstorms across much of the nation.'

More winter weather predictions will be revealed later this month when the Farmers’ Almanac’s rival, the Old Farmer’s Almanac, publishes its 2022-23 forecast.



**Brother and sister Xavier McConnell, 7, left, and Sidney, 5, go airborne on their sled as they make the most of nearly a foot of freshly fallen snow at Ellison Park in Brighton on Jan. 17. Shawn Dowd/Rochester Democrat and Chronicle file**

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